

"Life is a Candle"

**Life is a candle that glows
Night and day,
You have only one,
So why waste it away?
It isn't a flame you can
Light now and then.
For once it goes out
You can't light it again.
So treasure this gift and
Its brilliancy enhance
For health, as you know
Comes by choice and not chance.**

(With Apologies to Edgar A. Guest)